

# 2023 NorCal Xcel South Silver-Diamond State Championships March 31 - April 2, 2023

## **Tentative Schedule**

#### Friday, March 31, 2023

Session	Time (Open Stretch)	Level
1	1:30pm	Diamond
2	3:45pm	Platinum
3	6:15pm	Platinum

#### Saturday, April 1, 2023

Session	Time (Open Stretch)	Level
4	8:00am	Silver
5	10:45am	Silver
6	1:30pm	Silver
7	4:15pm	Silver
8	7:00pm	Silver

### Sunday, April 2, 2023

Session	Time (Open Stretch)	Level
9	8:00am	Gold
10	10:45am	Gold
11	1:30pm	Gold
12	4:15pm	Gold